

DELHI PUBLIC SCHOOL GAYA

(Under the aegis of the Delhi Public School Society, New Delhi) Affiliated to C.B.S.E., New Delhi Affiliation No.330530, School Code – 65572

SPLIT-UP SYLLABUS FOR CLASS-IX FOR THE ACADEMIC SESSION: 2023-24

Subject: English Language & Literature (184)

Prescribed Books:- 1. Beehive (Textbook in English)

2. Moments (Supplementary Reader)

	No. of	Name of the		Tentative No.	
Months	Working	Examination (As per	Chapters/Unit (Entire Book to be covered)	of Periods	Activities Proposed
	Days	School Policy Framed)		Required	
			Beehive:		Essay Writing
			Ch-1 The Fun They Had	03	Poetry Writing
		-	P-1 The Road Not Taken	03	, .
April	20		Moments:	7:	
Aprii	20		Ch-1 The Lost Child	C 047	
			Grammar:		
			Ch-1 Tenses	06	
			End of Chapter Test	04	
			Beehive:		 Conversation and Dialogue
			Ch-2 The Sound of Music	04	
May	11	11	Moments:		
			Ch-2 The Adventures of Toto	03	
			End of Chapter Test	02	
			Beehive:		Recitation
			Ch-3 The Little Girl	03	
June	14	14	P-2 Wind	02	
June	1-1		Moments:	~ /	
			Ch-3 Iswaran the Storyteller	04	
			End of Chapter Test	03	
		Periodic Test – I	Beehive: Ch-4 A Truly Beautiful Mind		 Factual and Imaginative Writing
			Ch-4 A Truly Beautiful Mind	04	
			P-3 Rain on the Roof	04	
July	24		Moments:		
			Ch-4 In the Kingdom of Fools	04	
			Grammar:	0.4	
			Ch-2 Modals	04	
			Writing Skill: Descriptive Paragraph	01	

T			Diary Entry	01	
			Story Writing	01	
				05	
			End of Chapter Test	03	The state of the s
			Beehive:	0.2	Listening Comprehension
			Ch-5 The Snake and the Mirror	03	• Speech
			P-4 The Lake Isle of Innisfree	02	
			P-5 A Legend of the Northland	03	
August	23	Periodic Test-II	Moments:		
			Ch-5 The Happy Prince	03	
			Grammar:		
			Ch-4 Subject-Verb Concord	04	
			End of Chapter Test	05	
		<u> </u>	Beehive:		Debate
			Ch-6 My Childhood	03	Reading Comprehension
			P-6 No Men Are Foreign	03	
	• •		Grammar:		
September	24		Ch-5 Reported	[/ = 047	
			Speech: Command, Requests, Statements,		
			Questions and Determiners.		
		Periodic Test-III	End of Chapter Test		
			Beehive:		Extempore
			Ch-8 Reach for the	04	Analytical Writing
			Top – I Reach for the Top – II	02	Analytical writing
October	19		P-8 On Killing a Tree	02	
			Ch-10 Kathmandu	04	
			End of Chapter Test	04	
			Beehive:	 	Group Discussion
			P-10 A Slumber Did My Spirit Seal	02	Group Discussion
November	15		Moments: Ch-7 The Last Leaf	04	
November	15		Ch-8 A House is not a Home	04	
				02	
			End of Chapter Test	02	T. (
			Beehive: PUBLIC	0.5	• Extempore
			Ch-11 If I Were You Moments:	05	Research Project
December	21		Ch-10 The Beggar	03	
			Descriptive paragraph	02	
			Revision Grammar	06	
			End of Chapter Test	02	
January	21		Revision for Term 2 Examination	21	One Act Play
February	22	Term-End	Revision for Term 2 Examination	22	•
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March	21		23	•

विषय : हिंदी निर्धारित पुस्तकें — 1. स्पर्श भाग—1 (NCERT)

2. संचयन भाग-1 (NCERT)

	No. of	Name of the		Tentative No.	
Months	Working	Examination (As per	Chapters/Unit (Entire Book to be covered)	of Periods	Activities Proposed
	Days	School Policy Framed)		Required	
			स्पर्शः गद्य खंड 1. दु:ख का अधिकार, स्पर्शः पद्य खंड	04	• भक्ति काल पर एक परियोजना तैयार करना।
अप्रैल	20	4	7. अब कैसे छूटै राम, नाम ऐसी लाल तुझ बिनु(रैदास) व्याकरण	02 02	
			शब्द और पद अनुस्वार अनुनासिक <i>विषयगत कक्षा जाँच</i>	02 02 02 04	
मई	11		संचयन 1. गिल्लू <u>विषयगत कक्षा जाँच</u>	05 01	 महादेवी वर्मा का साहित्यिक परिचय लिखना। महादेवी वर्मा की किसी कहानी पर नाट्य प्रस्तुति।
जून	14		स्पर्शः गद्य खंड 2. एवरेस्टः मेरी शिखर यात्रा स्पर्शः पद्य खंड 8 दोहे (रहीम) विषयगत कक्षा जाँच	05 04 02	रहीम के दोहों को संकलित कर चार्ट पेपर पर सज़ाकर लिखना।
जुलाई	24	Periodic Test-I	स्पर्शः गद्य खंड 3. तुम कब जाओगे, अतिथि संचयन— 2. स्मृति व्याकरण 1. उपसर्ग 2. प्रत्यय	04 04 03 03	अपनी स्मृति के आधार पर किसी अविस्मरणीय घटना का वर्णन करना।
			अपठित बोध अपठित गद्यांश <u>विषयगत कक्षा जाँच</u>	03 04	
अगस्त	23	Periodic Test-II	स्पर्शः गद्य खंड 4. वैज्ञानिक चेतना के वाहक चंद्रशेखर वेंकट रामन् व्याकरण	05	 स्वर संधि के भेदों को सोदाहरण दर्शाता एक चार्ट तैयार करना। भारत के नोबेल पुरस्कार प्राप्त वैज्ञानिकों की सूची तैयार

			संधि (स्वर संधि)	10	करना ।
					47(11)
			विषयगत कक्षा जाँच	02	
सितम्बर	24		(पुनरावृत्ति)	23	
			स्पर्शः पद्य खंड		• राष्ट्रकवि दिनकर के जीवन वृत एवं साहित्यिक योगदान
		Periodic Test-III	11. गीत—अगीत	04	पर परियोजना तैयार करना।
अक्टूबर	19	Terrodic Test III	व्याकरण		
0107	10		विराम चिह्न	04	
			लेखन–अनुच्छेद लेखन	03	
			विषयगत कक्षा जाँच	03	
			स्पर्शः पद्य खंड		 'जीवन एक संघर्ष है' विषय से संबंधित कोई अन्य
			12. अग्नि पथ	02	कविता लिखना।
			संचयनः		
			3. कल्लू कुम्हार की उनाकोटी	04	
नवम्बर	15		व्याकरण		
			अर्थ की दृष्टि से वाक्य भेद	02	
			लेखन खंड	4/5 7	
			अनौपचारिक पत्र—लेखन	02	
			विषयगत कक्षा जाँच	03	
			स्पर्शः गद्य खंड		• स्वतंत्रता आंदोलन में गांधी जी एवं उनके सहयोगियों के
			6. शुक्रतारे के समान	05	योगदान का विस्तार पूर्वक वर्णन करना।
			संचयन		411411 4114((() (244) 411 4())
दिसम्बर	21		4. मेरा छोटा–सा निजी पुस्तकालय	05	
			लेखन खंड		
			संवाद लेखन	04	
			विषयगत कक्षा जाँच	03	
			स्पर्शः पद्य खंड		अगरबत्ती बनाना, माचिस बनाना, मोमबत्ती बनाना, पापड़
			13. नए इलाके में	02	बनाना, मसाले कूटना आदि उद्योगों के विषय में
			खुशबू रचते हैं हाथ	02	जानकारी प्राप्त कर लिखना।
जनवरी	21	Term-End	लेखन		·
		Term-End	चित्र—वर्णन (पुनरावृत्ति)	03	• किसी एक लघु उद्योग की विस्तृत जानकारी प्राप्त कर
			विषयगत कक्षा जाँच	02	चित्र सहित प्रस्तुत करना।
फरवरी			पुनरावृत्ति	GE.	
	22		3 1/12/1/1		
मार्च	21				
				1	

Subject: Mathematics

Prescribed Book:- 1. Mathematics for class-IX NCERT & R.S. Aggarwal (Bharati Bhawan)

Months	No. of Working Days	Name of the Examination (As per School Policy Framed)	Chapters/Unit (Entire Book to be covered)	Tentative No. of Periods Required	Activities Proposed
April	20		CH-1 Number SystemCH-2 PolynomialsEnd of the Topic Test	08 10 02	Construct a Square Root Spiral
May	11		CH-3 Coordinate GeometryEnd of the Topic Test	10 01	Find the values of Abscissa
June	14	4	 CH-4 Linear Equations in two Variables End of the Topic Test **Revision** 	05 01 08	Verify that if two lines intersect each other
July	24	Periodic Test-I	 CH-5 Introduction To Euclid's Geometry CH-6 Lines and Angles CH-7 Triangles End of the Topic Test 	05 07 09 03	Verify that different Criteria for Congruence of Triangles
August	23	Periodic Test-II	 CH-8 Quadrilaterals CH-10 Circles End of the Topic Test 	13 08 02	 To make the following shapes using a pair of set-squares: Square Rectangle Parallelogram Rhombus Trapezium
September	24	Daviadia Tast III	 CH-10 Circles(Continuation) End of the Topic Test **Revision** 	07 01 07	Verify that the angles in the same segment of a circle are equal.
October	19	Periodic Test-III	CH-12Heron's FormulaCH- 13Surface areas and VolumesEnd of the Topic Test	08 09 02	 To make 3D models Obtain the formula for the surface area of a sphere
November	15		 CH- 13Surface areas and Volumes(Continuation) CH-14Statistics End of the Topic Test 	07 07 01	Form a cone from a sector of a circle

December	21		 CH-14Statistics(Continuation) End of the Topic Test **Revision** 	05 01 09	Collecting Data and representing it through Histogram.
January	21		• **Revision**	21	
February	22	Term-End	Revision		
March	21	i çi ili-Eliy	•	7	

Subject : Science and Technology Prescribed Book :- 1. Science Text Book - NCERT-IX

2. Comprehensive Practical Science

Months	No. of Working	Name of the Examination (As per	Chapters/Unit (Entire Book to be covered)	Tentative No. of Periods	Activities Proposed
TVIOITEIS	Days	School Policy Framed)	SERVICE CONTROL OF CONTROL	Required	receivees Froposeu
April	20		CH-8 Motion CH-1 Matter In Our Surroundings CH-5 Fundamental Unit Of Life End of the Topic Test	07 07 07 07 03	 To prepare the graphical representation of speed velocity and acceleration using given data. Preparation of true solution, colloidal solution, mixture, compound, separation of mixture, reactions. Preparation of temporary mount of onion peel and cheek cell and observing it under microscope.
May	11		CH-8 Motion (contd) CH-1 Matter In Our Surroundings (contd) Ch-5 Fundamental Unit Of Life (contd)	04 03 03	 Separation of the components of a mixture of sand, common salt and ammonium chloride. To observe the permanent slides of the bacteria and plant cells to study their structure.
June	14	Periodic Test-I	CH-9 Force & Laws Of Motion CH-2 Is Matter Around Us Pure? CH-6 Tissues End of the Topic Test	06 07 07	To show the existance of inertia using Coin and glass. Preparation of: a) A mixture b) A compound using iron filings and sulphur powder and distinguishing between these on the basis of: (i) Appearance, i.e., homogeneity and heterogeneity (ii) Behaviour towards a magnet (iii) Behaviour towards carbon disulphide as a solvent (iv) Effect of heat

					To study the structure of parenchyma, collenchyma, sclerenchyma tissue and nerve cell using permanent slides.
July	24		CH-9 Force & Laws Of Motion (contd) CH-2 Is Matter Around Us Pure ? (contd) Ch-6 Tissues (contd) End of the Topic Test	10 10 10 03	 Determination of the density of a solid using a spring balance & Archimedes principle To observe that growth of plants occurs in certain regions only. To observe the blood cells under microscope. Research and submit a report on causes, symptoms, diagnosis and preventive measures of different diseases.
August	23	Periodic Test-II	CH-10 Gravitation CH-3 Atoms & Molecules Ch-13 Why Do We Fall III	11 10 10	 Perform the following reactions and classify them as physical or chemical changes: Iron with copper sulphate solution in water Burning of magnesium ribbon in air Zinc with dilute sulphuric acid Heating of copper sulphate crystals Sodium sulphate with barium chloride in the form of their solutions in water Research on different types of vaccine and their mode of action and submit a report. Prepare a pie chart on different types of diseases that affect people in India.
September	24		CH-3 Atoms & Molecules (contd) CH-10 Gravitation (contd) Ch-13 Why Do We Fall Ill (contd) Revision	05 05 05	 To verify the laws of conservation of mass. Observing the specimens of different animals to study their specific features.
October	19	Periodic Test-III	CH-11 Work and Energy CH-4 Structure Of Atom Ch-15 Improvement In Food Resources End of the Topic Test	06 06 02	 Determination of the speed of a pulse through propagated string. To observe the specimens of different plants to study their specific features. To prepare the model of an animal of a class using paper clay.
November	15		CH-12 Sound CH-4 Structure Of Atom (contd) Ch-15 Improvement In Food Resources (contd)	06 06 06	 Preparing the 3-D model of an atom. PPT Presentation by students in the class on role of fertilizers &manure on food production.

December	21	Periodic Test - III	CH-12 Sound (contd) CH-4 Structure Of Atom (contd)	09 10	To verify that vibrations are essential for producing sound.
January	21		Ch-14 Natural Resources Revision	09 09 09	 To execute the scattering of alpha particles by gold foil(using spherical balls/marbles etc) Research and submit a report on "The Natural resources and their judicious use"
February	22	Term-End	Revision +Term II examination		•
March	21	Term-End			•

Social Science (087)

Prescribed Books: 1. India and the Contemporary World - I (History) - Published by NCERT

2. Contemporary India - I (Geography) - Published by NCERT

3. Democratic Politics - I Published by NCERT

4. Economics - Published by NCERT

5. Together, Towards a Safer India - Part II, a textbook on Disaster Management for Class IX - Published by CBSE

Months	No. of Working Days	Name of the Examination (As per School Policy Framed)	Ch	hapters/Unit (Entire Book to be covered)	Tentative No. of Periods Required	Activities Proposed
April	20		Cir derGeEc	is-CH-1. The French Revolution iv-CH-1. What is democracy? Why emocracy? eo- CH1 India size and location co- CH 1 The story of village Palampur and of the Topic Test	03	 Memory game with the names of people involved, the different types of ideas that inspired the revolution, the wider forces that shaped it. Outline map of France (For locating and labeling/Identification) Bordeaux, Nantes, Paris, Marseilles. Case study writing on the basic economic concepts through an imaginary story of a village.
May	11		Cir derGeEc	is-CH-1. The French Revolution (Contd.) iv-CH-1. What is democracy? Why emocracy? eo- CH 2 Physical features of India co- Ch 1 The story of village Palampur (cont.) Ch 2 People as a resource (introduction)	07	 Map- Location and labeling: Physical features of India and the underlying geological structure; their association with various rocks and minerals as well as nature of soil types. An analytical assessment of problems and

			End of the Topic Test	04	prospect of Indian democracy
June	14		 His-CH-2. Socialism in Europe and the Russian Revolution Civ-CH-2. Constitutional Design Geo CH 2 Physical features of India (Continue) Eco- CH 2 People as a resource End of the Topic Test 	04	 Outline map of World (For locating and labeling/Identification) Major countries of First World War (Central Powers and Allied Powers) Central Powers – Germany, Austria-Hungry, Turkey (Ottoman Empire) Allied Powers – France, England, (Russia), America. Prepare a note on Ganga plain and its relevance to the people of Bihar.
July	24	Periodic Test-I	 His-CH-3. Nazism and The rise of Hitler Civ-CH-3. Electoral Politics Geo- CH 3 Drainage Eco-CH 3 Poverty as a challenge End of the Topic Test 	04	 Outline map of World (For locating and labeling/Identification) Major Countries of Second World War Axis Powers – Germany, Italy, Japan Allied Powers – UK, France, Former USSR, USA Territories under German expansion (Nazi power) Austria, Poland, Czechoslovakia (only Slovakia shown in the map) Denmark, Lithuania, France, Belgium Map- location and labeling The Himalayan rivers The Peninsular rivers Lakes- natural and man made
August	23	Periodic Test-II	 Civ-CH-3. Electoral Politics Geo- Ch 3 Drainage (continue) Eco CH 3 Poverty as a challenge(continue) End of the Topic Test 	03	 Identify the river systems of the country and explain the role of rivers in the human society Data collection and analysis of Govt. schemes
September	24		Revision for mid term/test	23	•
October	19	Periodic Test-III	 Civ- CH-4. Working of Institutions Geo- CH-4 Climate Eco- Ch 4 Food security in India (introduction) His-CH-4. Forest Society and Colonialism End of the Topic Test 	02	 Note making on various factors influencing the climate and explain the climatic variation of our country and its impact on the life of people. Discussion on Challenges in achieving food security in India.
November	15		Civ-CH4. Working of InstitutionsGeo-CH 5 (Natural Vegetation and	11	 Map- location and labeling: vegetation type, National parks, Biosphere

			 Wildlife) Eco- Ch- 4 Food security in India Revision for post mid term Civ-CH-6. Democratic Rights Geo- CH 6 Population His. CH 5 Pastoralist in the modern world. Disaster Management CH 1 to CH 5 (Project Work) End of the Topic Test 	04	 reserves, Wildlife Sanctuaries Interpret information from an Orthophoto map and compare it with reality. Poster making to create awareness regarding the process of safeguarding rights. Case study to Identify and be able to comprehend the Fundamental Rights given by the Indian Constitution to its citizens. Report writing on various dimensions of National Population Policy and understand the needs of adolescents as underserved group.
December	21		Revision		Revision
January	21		Revision		Revision
February	22	Town End	Revision		•
March	21	Term-End	Revision	7	•

विषय : संस्कृत
निर्धारित पुस्तकें — 1. रुचिरा भाग—2 (NCERT Text Book)
2. वाणी संस्कृत व्याकरण (Arya Book Depot Publications.)

Months	No. of Working Days	Name of the Examination (As per School Policy Framed)	Chapters/Unit (Entire Book to be covered)	Tentative No. of Periods Required	Activities Proposed
			TERM-I		
अप्रैल	20		पाड—1 भारतीवसन्तगीतिः पाड—2 स्वर्णकाकः (शेमुषी), रचनात्मककार्यम् चित्रवर्णनम् वाक्यनिर्माणम् अपठितगद्यांशः पठितगद्यांशवर्णन्, बहुविकल्पीय प्रश्नचर्चा अध्यायस्य अन्तिमे परीक्षा	4 2 3 2	 षट् ऋतुओं में होने वाले बदलाव पर पाँच वाक्य संस्कृत में लिखें। स्वर्णकाकः अध्याय को हिन्दी में लिखें।
मई	11		पाठ–1 संस्कृतानुवादः पाठ–3 गोदोहनम् (शेमुषी) अध्यायस्य अन्तिमे परीक्षा	3 2 1	 "धैर्यवान् मनुष्यः" इस विषय पर एक लघु कथा लिखें।
जून	14	Periodic Test-I	पाठ—5 सूक्तिमौक्तिकम् (शेमुषी) संस्कृत वर्णमाला—उच्चारण—स्थानानि, संधि—प्रकरणम्—स्वर, व्यंजन, विसर्गः (व्याकरणम्) परीक्षा—पाठ्यक्रमस्थः अभ्यास : अध्यायस्य अन्तिमे परीक्षा	3 3 2	 सूक्तिमौक्तिकम् इस पाठ से अर्थ एवं अन्वय सहित कोई एक श्लोक चार्ट पेपर पर लिखें।
जुलाई	24		पाठ–६ भ्रान्तो बालः (शेमुषी) व्याकरणम्–संधिः अभ्यासः	6	 अध्याय में प्रदत्त चित्र को देखकर संस्कृत में दस

			अध्यायस्य अन्तिमे परीक्षा	2	वाक्य लिखें।
अगस्त	23	Periodic Test-II	पाठ–९ सिकतासेतुः (शेमुषी) व्याकरणम्–शब्दरूप–प्रकरणम्, धातुरूप–प्रकरणम् अध्यायस्य अन्तिमे परीक्षा	3 3 2	 परस्पर संवाद का अभ्यास एवं संवादाधारित नए शब्दों को अपनी पुस्तिका में लिखें।
सितम्बर	24		पुनरावृत्तिः		
अक्टूबर	19	Periodic Test-III	पाठ—10 जटायोः शौर्यम् (शेमुषी) व्याकरणम्—कारक—उपपद—विभक्तिः, प्रत्ययाः उपसर्गाः च अध्यायस्य अन्तिमे परीक्षा	4 5	'सामाजिक व्यवहार का ज्ञान'' इस बारे में लघु कथा लिखें।
नवम्बर	15		पाठ—11 पर्यावरणम् पाठ—12 वाङ्मनः प्राणस्वरूपम् (शेमुषी) अध्यायस्य अन्तिमे परीक्षा	4 4 2	 प्रदूषण पर एक चित्र बनाकर उस पर पाँच वाक्य निर्माण करें। मन, प्राण, वाणी संबंधित तत्वों की चर्चा।
दिसम्बर	21		पाठयक्रमस्य अभ्यासः, कारक—उपपद—विभक्तिः अध्यायस्य अन्तिमे परीक्षा	5 2	
जनवरी	21		पाठयक्रमस्य अभ्यासः, कारक—उपपद—विभक्तिः अध्यायस्य अन्तिमे परीक्षा	8 2/	 वारक एवं उपपद विभक्ति को दर्शाते हुए चार्ट निर्माण करें।
फरवरी	22	T F d	पुनरावृत्तिः		
मार्च	21	Term-End		· 3/4	

Subject: Computer Applications
Prescribed Book: - 1. Computer Applications Cyber Beans (Kips)

Months	No. of Working Days	Name of the Examination (As per School Policy Framed)	Chapters/Unit (Entire Book to be covered)	Tentative No. of Periods Required	Activities Proposed
April	20		Ch 2: Input and Output Devices Ch-8: Microsoft word 2010-I End of the Topic Test	9 2	Ayesha wants to transfer some pictures of her holidays in Manali from the digital camera to her computer. Which portable storage device will be suitable for this task.
May	11		Ch 3: Types of Software End of the Topic Test	3	 Which type of Operating System software is used in your school's computer laboratory server? List its Configuration.
June	14		Ch 4: Operating System Ch-9: Microsoft word 2010-II End of the Topic Test	6 2	 Create a Power point presentation on latest Operating Systems. Do the Activity given in page no 196.
July	24	Periodic Test-I	Ch 6: Computer Networking End of the Topic Test	8 1	 Discussion can be held on the topic - 'Advantages of Networking '. Collect the information about Guided and Unguided mediums of Communication .

August	23	Periodic Test-II	Ch 7: Cyber Safety End of the Topic Test	8 1	Create a poster displaying techniques and tools you should use to safeguard yourself and your family from security threats while surfing the Internet .
September	24		Revision	8	
October	19	Periodic Test-III	Ch-10: Microsoft word 2010-III End of the Topic Test	7 1	Create a poster "Keep The Earth Clean " given in page no 219.
November	15		Ch-11: Microsoft PowerPoint 2010-I Ch-12: Microsoft PowerPoint 2010-II End of the Topic Test	6 2	• Create a new presentation on the topic 'Child Labour' by adding minimum 6 slides. Complete the activity given on Page no 265.
December	21		Ch-13: Microsoft Excel 2010-I Ch-14: Microsoft Excel 2010-I End of the Topic Test	7 2	• 'Design the Worksheet given in page no 298.
January	21		Ch-16: Introducing Python End of the Topic Test	7 1	 Write a program in Python to accept the Radius of the circle from User and Print its Circumference. Write a program in Python to accept the length and breadth of a rectangle from User and Print its Area .
February	22	T. F.	Revision	LF (•
March	21	Term-End			•

Subject: Physical Education

Months	No. of Working Days	Name of the Examination (As per School Policy Framed)	Chapters/Unit (Entire Book to be covered)	Tentative No. of Periods Required	Activities Proposed			
	Intramural & Extramural Competition Of Various Games As Per The CBSE/D.P.S. Society & School Year Planner 2023-24							
April + May+June	20 + 11 + 14	Periodic Test-I	General Fitness Warming up (general & specific) & free hand exercises. Basic & advanced skills.Rules and regulations. Technique, Tactis and strategies. Chess, Volleyball and Kabaddi: Basic concept and practice of games. Inter house Kabaddi competition. Free hand exercises. Basketball: Basic concept of basketball match, dribbling and passing. Taekwondo: White Belt Training and Inter	10+12+5+16				

			house Taekwondo competition.	
July+ August+ September	24 + 23 + 24	Periodic Test-II/ Periodic Test-III	General Fitness Warming up (general & specific) & free hand exercises. Basic & advanced skills.Rules and regulations. Real match situation. Table Tennis, Chess, Kho:Kho: Basic concept and practice. General fitness. Inter House Competition. Basketball: Board shot, Ring shot, Free throw shot and standing lay-up shot. Taekwondo: Preparation for Championship and Belt grading Exam Yellow, Green, One Belt Training and Theory. Blue Belt Training all fundamental skill.sparring Training	20+10+20+2
	Iı	ntramural & Extramural (SE/D.P.S. Society & School Year Planner 2023-24
October + November	19 + 15		General Fitness Warming up (general & specific) & free hand exercises. Basic & advanced skills.Rules and regulations. Real match situation. Basketball, Handball & Football: Rules and regulation of above mentioned games. March past & Mass Drill Practice. Running lay-up shot.1:o:1 game and 3 on 3 game. Taekwondo: Blue one Belt and previous Belt training .Belt grading Exam and preparation for championship	13+10+10
December + January	21 + 21		General Fitness Warming up (general & specific) & free hand exercises. Basic & advanced skills.Rules and regulations. Real match situation. Cricket, Badminton & Athletics: Basic & advanced skill of games. 5 on 5 game, 3 point shots and defence practice. Taekwondo:	20+20

			Red Belt training self defiance sparring	
			technique.	
February	22	Term-End	General Fitness Warming up (general & specific) & free hand exercises. Basic & advanced skills.Rules and regulations. Real match situation. Revision of the previous classes, match play. Basketball: Basketball game practice with all rules. Inter house basketball competition. Taekwondo: Preparation for Championship and Belt Grading Exam	22
March	21		<u>Revision</u> BEFOR	

Subject : Yoga

Months	No. of Working Days	Name of the Examination (As per School Policy Framed)	Chapters/Unit (Entire Book to be covered)	entative No. of Periods Required	Activities Proposed
April	20		 Concept& Basis of yoga Micro exercise: Eye, Neck & Shoulder Asana: Tadasana, Tiryak Tadasana Breathing: Natural & Deep Mudra: Jnana Mudra 	4	Inter House Yoga Competition
May	11		 Micro Exercise :Neck , Shoulder & Waist Surya Namaskar Asana :Kati Chakrasana, Trikonasana Breathing :Natural & Deep 	5/4	
June	14	Periodic Test-I	 Revision Of Previous Practices Micro exercise: Hip-joint, Knee, Ankle. Surya Namaskar Asana :Parswa Konasana, Ardha Chandrasana Pranayama : Sheetali ,sheetkari 	4	World Yoga Day.
July	24		Yogic Jogging	4	

		T	
			Surya Namaskara
			Asana :Birbhadrasana-1,
			Vatayanasana
			Meditation : On Sound
			Yogic Jogging 4
			Surya Namaskara
			Asana : Pawanmuktasana, Naukasana
August	23	Periodic Test-II	Pranayama : Anuloma viloma,
August	23	Teriodic Test-II	Sheetkari
			Mudra: Jnana, Chin Mudra
			Meditation : On Breathing
			•
			Yogic Jogging 4
			Surya Namaskara
			Asana :Suptavajrasana , Janusirasana
September	24		Pranayama : Ujjayi ,Bhramari
			Mudra :Nasika
			Bandha : Uddiyan
		Periodic Test-III	
			Yogic Jogging 4
			Surya Namaskara
October	19		Asana :Shalabhasana, Dhanurasana
			Pranyama: Anuloma viloma ,Udgit
			Jnana Mudra ,Viprit karni Mudra
			Yogic Jogging 4
			Surya Namaskara
			Asana : Vyaghrasana, Padma
November	15		Sirshasana
	-		Pranayama : Anuloma Viloma,
			Bhastrika
			Mudra : Nasikagra mudra
			Yogic Jogging 4
			Surya Namaskara
			Asana : Vajrasana ,Ustrasana
December	21		Pranayama : Anuloma Viloma ,
			Bhastrika
			Mudra : Kaki Mudra
ļ		1	- Mada Mari Mada

January	21		 Yogic Jogging Surya Namaskara Asana : Sirshasana, Padma Sarvangasana Pranayama : Surya Bhedi, Bhramari, Udgit Mudra : Agni Mudra
February	22	Town End	Revision Of all the Previous Practices
March	21	Term-End	• Revision

Subject: Dance Prescribed Book: NA

Months	No. of Working Days	Name of the Examination (As per School Policy Framed)	Chapters/Unit (Entire Book to be covered)	Tentative No. of Periods Required	Activities Proposed
April	20		A brief history of Indian dance (Practical & Theory)	047	Warm-UpBhumi PranamaHand GestureFacial Expression
May	11		Basic foot and hand movements Kathak dance PUBLIC	01	 Warm-Up Previous Dance Practice New Semi-Classical dance (Bhajan) Holiday Project(Art Integration) Collect Data from text book or Internet: Reference from ancient text (vedic, puranic, epics and other scriptures). Evaluation of Kiathak dance in Pracheen Kal/Mandir Kal (Katha vachak and Rasdhar tradition, etc). Madhya Kal/Darbar kal, Adhunik Kal covering brisish and post independent era till the present time based.
June	14	Periodic Test-I	Practice of basic standing position and various patterens of Tatkar.	02	 Project Submission (HOLIDAY) Thekaa Aamad

			Inroduction for verious part of Kathak dance 04	Tatkaar Aamad
July	24			• Salaami
				Tukdaa
				Semi-Classical dance
	23	Periodic Test-II	Independence Group Dance Practice 04	Song Selection
August			Krishna Janmastami Cellebration	Step Cration
				Group dance
	24	Periodic Test-III	Cont Krishna Janmastami 04	Group dance
			Shree Ganesh Chaturthi	Song selection
September			Distinctive aspects of Kathak (Using	Step Creation
			Ghungroos, Costume etc).	
0.43	19		Navarastri Cellebration / Devotional	Devi Stuti & Dandia dance
October			Dance 2	
November	15		Theme based group dance 4	Group dance practice for House function
December	21		Introduce rajasthaniChristmas Cellebration	Theme based dance with carol
January	21		Republic day Celebration	Patriotic theme based dance
			Group dance Test	Theory & Practical
February	22	Term-End	4	Activity - Tatkaar, Tukda
				Folk dance
March	21		•	
ubject: Music				

Months	No. of Working Days	Name of the Examination (As per School Policy Framed)	Chapters/Unit (Entire Book to be covered)	Tentative No. of Periods Required	Activities Proposed
April	20		 Introduction of Raga Bilawal (Aalap, Sargam, & Bandish) 	8	 Research about the following Ragamentioned in Syllabus
May	11		Teentaal and it's components BLIC	2	
June	14		• Continuation of Teentaal and it's components	4	
July	24	Periodic Test-I	 Raga Desh – Detailed description with Bandish and light classical song based on DESH RAGA. 	8	Research about different Gharanas ofGayaki
August	23	Periodic Test-II	 Introduction of Indian Music Theory System and Patriotic song mashup. 	7	

September	24	Periodic Test-III	Different kind of Taals in Indian Music	4	
October	19		Raga Yaman – Aalap & Sargams/Bhaw sangeet with yaman raga based.	4	Listening of RagaYaman
November	15		Raga Yaman – drutkheyal with few tanas.	6	
December	21		Christmas Day special song	6	Choir practice with full band and harmonizing.
January	21		Motivational western song withVoice modulation.	5	Use keyboard for perfection.
February	22	Term-End	Revision		
March	21				

